

StrengthBank® for High Schools is Coming to Garland...



Hands UP Hands DOWN High School Mentor Community Awareness/Recruiting FREE EVENT

You were given a hand up when you were a teen, now it's your turn...

**Sponsorships Available: Call or Email at addresses below.
We need 3 more door prizes.**

Printing of announcement flyers: Thanks to Garland's on Skillman FedEx Kinko's.

Event Sponsors:



APRIL 26, 2008, Saturday

Auditorium, Alpha Charter School • 701 State Street, Garland Texas 75040 • (972) 272-2173 • Dee Merritt

RSVP by April 23, 2008

(So we'll know how much food to prepare)

StrengthBank® curriculum-based mentoring is a specific, productive way to contribute to tomorrow's workforce, increase your company's branding, be involved in the community, have a say in tomorrow's leaders, and mold America's future.

RSVP: Sandra Shelton: 817 230 4523

Dee Merritt 972 272 2173

EMAIL: mentors@strengthbank.com

Give your name and how many people are coming with you.

Door Prizes From:



More details on other side.




Here's how the training day April 26, 2008, will go:

9:00 - 9:30 Registration (coffee provided



(on Arapho in Garland)

9:30 - Sandra Shelton presents: **StrengthBank® - The Ultimate People and Engagement Upgrade**

10:45 - 10:50 - Break (snacks provided )

10:50 - 11:30 - Continue presentation.


11:30 - 12:00 - How StrengthBank® becomes **StrengthBank® for High Schools - A Relationship Initiative**

Call to Mentor

Sign up for the afternoon session (limited seating) (12:30 - 3:30 -

lunch provided-   

12:30 - Afternoon Certification begins for up to 20 volunteers.

1:45 - 2:00 Break (snacks provided )

2:00 - 3:30 Session Finishes

Hands Up to mentors for Hands DOWN to youth:

- How to tap in sustaining engagement at work.
- How to stay out of "emotional" traps: anger, frustration, conflict, irritation.
- How to communicate without offending.
- How to network by power sharing.
- People Skills WorkOuts™
- In-the-moment positive conversation strategies.
- How to uncover "hidden agendas"
- How to stay on target for your life goals
- Power formulas:
Struggles - Perseverance - Character - Hope
Feelings don't come from circumstances
And much, much more!

BACKPACKS AND BRIEFCASES - High School Students + Business Community Mentors
Discover the building blocks for healthy relationships

Time slots to mentor at Alpha Charter High School: 10:30 a.m.- 11:15 a.m.
 1:15 p.m.- 2:00 p.m.



StrengthBank®

The Plan for your life
 That will not harm you
 That will prosper you
 And give you
 Hope and a future.

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Testimonials and Video Resume for StrengthBank® Talk Groups - www.talkgroups-mentors.org