



## StrengthBank Inc. Site Map

### StrengthBank® for High Schools: A Relationship Skills Initiative

#### STUDENT TESTIMONIALS

(directed to upcoming Sophomores from graduating Seniors)

... that you should actually take it seriously. If you're like me when someone gets up and talks, especially since it is not for a grade, you tend to zone out and not pay attention so well. I can tell you that I did this to our StrengthBank® talk group mentor for too long before I realized that what she was saying was actually useful, and makes good sense. Learn about what she has to say, and it will be fun anyways. She (the StrengthBank® Mentor) only wants you to be more successful so give the mentor a chance to. Good luck with your first year in high school and have fun. - Nick (Class of 2004)

...first off you will actually love your StrengthBank® Talk Group. It is fun and everyone opens up to talk and is not intimidated by anyone. If you are not sure what you want to do with yourself when you graduate, you will be the end of this year. Most importantly, you will find out so much about yourself

- Jennifer (Class of 2004)

... don't worry it will be fun. In this StrengthBank® Talk Group class you will be working on using your strengths, and even your weaknesses to make any volatile situation something that is diffusible. Remember to make a network of friends because you will need them sometime in high school; trust me, I needed mine multiple times every year. Best of luck, you might need, but don't let that sound too ominous, you'll do fine.

- Quinn (Class of 2004)

I would like to advise you guys to learn [as] much as you can from the StrengthBank® project. I wish I could have started when I was a sophomore. When I was a sophomore, I don't even think we had a mentor and [as a] junior it didn't even seem like our mentor even cared. Even though [our StrengthBank®] mentor is the best mentor ever, I didn't quite accept her at first due to our past mentors. I thought I would rather just have a study hall but am glad that I couldn't now. It didn't take me long to notice that this StrengthBank® Talk Group was something different. So before I go, remember to open up your hearts and minds and you will truly learn a lot about yourself.

- Tabytha (Class of 2004)

## FROM WHAT I LEARNED ABOUT STRENGTHBANK® AND THE ANIMALS DURING OUR TALK GROUPS, I WOULD LIKE TO SAY . . .

This class is fun, and I always looked forward to Thursdays because we got to do this.

- Student (Class of 2009 , Fall 2005 Talk Groups)

It was fun, and it was interesting.

- Student (Class of 2009, Fall 2005 Talk Groups)

I had a good time.

- Student (Class of 2006, Fall 2005 Talk Groups)

This class is great 'cause you hardly ever make a bad grade.

- Student ( Fall 2005 Talk Groups)

I really liked Ms. Shelton; she's great . . . she is really funny too. And I love how [alive] she is and also sweet. I will never forget any of them (Mrs. Payne nor Mrs. Rector; they are all really great). They have taught us a lot about ourselves.

- Student (Class of 2006, Fall 2005 Talk Groups)

I really liked this class. Teachers were really nice and funny. I had a good time. I can say that I looked forward to this. I'm definitely going to miss this. I felt really at home, and I met some people in the process. Thank you, Ms. Shelton, for brightening my day, Mrs. Payne for being patient, and Mrs. Rector for beings so sweet. Love ya'll.

- Marcella (Class of 2009, Fall 2005 Talk Groups)

Listen to what these women have to say because they have helped me better understand myself and what I want to become after high school, and they will help you too.

- Student (Class of 2006, Fall 2005 Talk Groups)

. . . that you might not like it at first, or thinks its kinda "little kiddish," but once you get into it, it's fun and you learn lots of stuff about you.

- Student (Class of 2007, Fall 2005 Talk Groups)

This group really helps you learn about yourself and others. You can become a better person after all that you'll learn here.

- Student (Class of 2009, Fall 2005 Talk Groups)

You learn what your weaknesses are and what your personality is. I liked!

- Student ( Fall 2005 Talk Groups)

This group was really fun and worthwhile. It helped [me] realize my strengths and what things are suited for them.

- Student (Class of 2006, Fall 2005 Talk Groups)

. . . that the StrengthBank® really helps you learn more about yourself and really does help you in the long run.

- Student ( Fall 2005 Talk Groups)

Thank you so much for spending your time with our class. I have learned a lot about what opportunities I have in the world.

- Brandi (Class of 2007, Fall 2005 Talk Groups)

You'll have fun by learning what [you're] good at and what you should, or want to, be when you grow up.

- Student (Class of 2009, Fall 2005 Talk Groups)

This was a very awesome time in this class! You learn a lot about who you are as a person and who you wanna be when [you're] older! Don't be afraid to be yourself around anyone! You'll feel very [welcome] . . . promise!

- Student (Class of 2009, Fall 2005 Talk Groups)

Pick a dream you love, stick with it, and never lose hope!

- Student (Class of 2008, Fall 2005 Talk Groups)

. . . that this really was a fun class, especially with StrengthBank®. I made new friends and learned a lot. This

really was awesome. Follow your dreams! HAVE FUN!!

- Student (Class of 2009, Fall 2005 Talk Groups)

. . . that ya'll helped me to realize my strengths in what I want to do when I get older. Ya'll also helped me to see the different personalities and realize that it's very good to try and have a little of all animals.

- Student (Class of 2006, Fall 2005 Talk Groups)

Other kids should pay attention to this class 'cuz they could learn a lot and know what to do and how to work with people in the future.

- Maria ( Fall 2005 Talk Groups)

I had a lot of fun in this class; it helped me know the real me and how I need to try to clean up my personality. At first I didn't like it, but then I did, and I would like to thank Mrs. Bankston for helping me through my shyness (but sometimes I still am), but this helped me to like talking to a lot of people at once.

- Student ( Fall 2005 Talk Groups)

Um . . . If you pay attention to this class, you will learn something about yourself. This class helped me learn more about me, and what I want to do when I leave high school. It also helps you learn more about your classmates and how to talk with other people that are hard to get along with, so you should take this lesson and learn from it. I promise you that this will help you in the real world.

- Student (Class of 2006, Fall 2005 Talk Groups)

You will have a lot of fun and experience in this class. You will have an opportunity to learn how to get along with other people and how to make yourself feel better about yourself.

- Student (Class of 2008, Fall 2005 Talk Groups)

I really had a lot of fun during this group. We got to eat lots of things. You will be learning about Strength-Bank®. You will also learn about different animals and their strengths and find out what #1,2,3,4 animals you are.

- Student (Class of 2009, Fall 2005 Talk Groups)

It was fun in this class; you learn what your personality is like and what animal you are most like.

- Student (Class of 2009, Fall 2005 Talk Groups)

What I learned in the talk group that I would never even [have] thought before was that 4 different animal groups and how all the students in my class fit into those groups. I learned that I was a "chimp" and that makes so much sense to me 'cause of what you thought . . . and how we learn to work with the other people in the different groups. And also, it made us think what we want for our futures, for now anyway . . .

- Jennifer (Class of 2008, Fall 2005 Talk Groups)

This helped me learn my attitude and how much my #1 animal really is a mustang. I never would have known I was or acted like a mustang. You learn about other people and what they would like to be when they are older or in their future. This group is helpful and determines you to wanna learn more. I now know an idea of what I would really love to be when I'm older.

- Chelcie (Class of 2009, Fall 2005 Talk Groups)

I've learned a lot about that I'm a "mustang"; and, the ladies were awesome! Thank you so much.

- Krissy (Class of 2007, Fall 2005 Talk Groups)

I experienced people coming into my class and teaching. Now, you can go into [animals] "gone bad land" and "good land". I was a number 1 Chimpanzee, which means I am people-oriented.

- Student (Class of 2008, Fall 2005 Talk Groups)

I had a lot of fun, and I learned a lot about character and about my classmates. I met new people and had fun every Thursday in Coach Bankston's class. I have knowledge of how it takes a lot of cooperation of different personalities to come to center and have an effectiveness.

- Student (Class of 2007, Fall 2005 Talk Groups)

It was helpful in that I know how to understand where others are coming from and how to relate what kind of people I need around me to reach my full potential.

- Student (Class of 2007, Fall 2005 Talk Groups)

You will have a lot of fun and a lot of experience on learning the different kinds of attitudes and personalities, and how to get along better with those people.

- Student (Class of 2009, Fall 2005 Talk Groups)

I enjoyed learning about myself and others in this class. In teen leadership, you will learn to communicate well with others and work hard to achieve your life goals.

- Student (Class of 2009, Fall 2005 Talk Groups)

It was awesome. I learned a lot about my peers.

- Student (Class of 2009, Fall 2005 Talk Groups)

I learned a lot about my peers.

- Student (Class of 2009, Fall 2005 Talk Groups)

It's cool. It brought us together as a class.

- Student (Class of 2006, Fall 2005 Talk Groups)

I enjoyed StrengthBank® coming. It brought our class together and taught us a lot about ourselves.

- Student (Class of 2006, Fall 2005 Talk Groups)

This was a good class for me to be in. Everything we have learned will be helpful during my life. I always appreciated all the FOOD! LOL but who didn't? And, all the teachers are amazing.

- Amanda (Class of 2009, Fall 2005 Talk Groups)

You will have so much fun and experience TONS of stuff! - many opportunities to do things and express yourself!!! The food is awesome!!!

- Kristyn (Class of 2009, Fall 2005 Talk Groups)

It was fun to have ya'll here. I learned a whole lot from all the things you taught the class. I learned some really good lessons and ate the really good food ya'll brought. Thank you, come back soon!

- Hannah (Class of 2009, Fall 2005 Talk Groups)

StrengthBank® is pretty fun. You get free food and actually learn some stuff. The people are pretty cool too.

Treat them good and with respect and have fun.

- Jamera (Class of 2007, Fall 2005 Talk Groups)

You get pizza at the end, and you get snacks and stuff.

- James (Class of 2009, Fall 2005 Talk Groups)

Enjoy the class and the food, and you'll learn lots and lots.

- "Dezzy" (Class of 2006, Fall 2005 Talk Groups)

This class was very fun. It helped [me] learn a lot of stuff and look at life in a way I would never [have] thought of. I also loved eating the food.

- Student (Class of 2006, Fall 2005 Talk Groups)

I enjoyed the pizza. I learned a lot about my classmates.

- Liz (Class of 2009, Fall 2005 Talk Groups)

WHAT I HOPE WE TALK MORE ABOUT NEXT YEAR IS . . .

I think we did well talking about things this year.

- Student (2003-4)

Anything.

- Student (2003-4)

I believe everything is all kool!

- Student (2003-4)

Everything we did this year.

- Student (2003-4)

I think I like everything about this year. You should not change it.

- Student (2003-4)

I think that we learned a lot this year, and I guess we should try to expand more (other activities).

- Student (2003-4)

Animals [used for personality styles and how to keep a sense of humor]

- Student (2003-4)

I like the animals! It's fun to learn what animal you're most like.

- Student (2003-4)

The animals and how their (our) weaknesses can become stronger.

- Student (2003-4)

How to deal with people of different animals - conflicts.

- Student (2003-4)

What kind of choices other people make.

- Student (2003-4)

More about a person's character and how it meshes with others and their types.

- Student (2003-4)

I hope that I can find people I work with best with my type of personality. Those people that I have trouble talking to. I hope I can find ways to make it easier to help me in job interacting with people.

- Student (2003-4)

Who I work well with. How I can begin talking to others (start conversations);

I want to be able to communicate better.

- Student (2003-4)

Talk more about the strength in our life.

- Student (2003-4)

Our talents and good characteristics.

- Student (2003-4)

How to balance the good and bad qualities of our personalities.

- Student (2003-4)

We might be able to talk more about what to do for our weaknesses; how we can deal with them.

- Student (2003-4)

Real life situations. I liked how we compared it to MASH and other sitcoms that we can relate to.

- Student (2003-4)

Well, I won't be here next year, but I hope there will be a big focus on providing situations where our strengths can be used.

- Student (2003-4)

I thought it was good and fun.

- Student (2003-4)

I hope they enjoy it because I know I did.

- Student (2003-4)

I won't be here but good luck!

- Student (2003-4)

WHAT I LIKED BEST . . .

The enthusiasm it kept me interested.

Ashley (Denise Bates' Health Class,, 2/21/2005 )

Enthusiasm.

- Mari (Denise Bates' Health Class,, 2/21/2005 )

How excited you were about talking. It makes everything more interesting.

- Kristi (Denise Bates' Health Class,, 2/21/2005 )

Your enthusiasm.

- Kim (Denise Bates' Health Class,, 2/21/2005 )

How vibrant Sandra was. She wasn't boring.

Denise Bates' Health Class,, 2/21/2005 )

The enthusiasm.

- Courtney (Denise Bates' Health Class,, 2/21/2005 )

Your energy. I respected the fact that you were so passionate.

- Shoba (Denise Bates' Health Class,, 2/21/2005 )

How enthusiastic you are! The personal stories are the best!

- Shorr (Denise Bates' Health Class,, 2/21/2005 )



The excitement in Sandra's voice.

- Brittany (Denise Bates' Health Class,, 2/21/2005 )

Enthusiastic speaker, audience participation.

- Lorenda (Denise Bates' Health Class,, 2/21/2005 )

Your energy, your message.

- Beth (Denise Bates' Health Class,, 2/21/2005 )

Enthusiasm.

- Katie (Denise Bates' Health Class,, 2/21/2005 )

Your attitude.

- Sarah (Denise Bates' Health Class,, 2/21/2005 )

Sandra's enthusiasm and ways of getting her point across in a different way than normally used!

April S. (Denise Bates' Health Class,, 2/21/2005 )

The way she spoke.

- Bess (Denise Bates' Health Class,, 2/21/2005 )

Sandra's enthusiasm to present her topic.

- Juana (Denise Bates' Health Class,, 2/21/2005 )

Your personality connected with audience.

- Carmen (Denise Bates' Health Class,, 2/21/2005 )

Speaker spoke right to me.

Nicole (Denise Bates' Health Class,, 2/21/2005 )

That you made us think about ourselves.

- Susie (Denise Bates' Health Class,, 2/21/2005 )

The speaker and topic. The whole presentation. Things that are related and personal in my life.

- Natoya (Denise Bates' Health Class,, 2/21/2005 )

The way you presented and bring out good self esteem.

- Stephanie (Denise Bates' Health Class,, 2/21/2005 )

Energy; new perspective on information.

- Theresa (Denise Bates' Health Class,, 2/21/2005 )

It was very knowledgeable and interesting. There wasn't anything that I didn't like.

- Charla (Denise Bates' Health Class,, 2/21/2005 )

Speaker's energy, passion, knowledge, participation through writing stuff down makes me feel a part of it actively thinking, introducing herself.

- Reyna (Denise Bates' Health Class,, 2/21/2005 )

Her excitement about what she does. Good motivation and point made in practice.

- Gina, (Denise Bates' Health Class,, 2/21/2005 )

The idea of how [we] should live life.

- Pilar (Denise Bates' Health Class,, 2/21/2005 )

Learning about the StrengthBank®.

- Effy (Denise Bates' Health Class,, 2/21/2005 )

Developing my StrengthBank®.

- Chandra (Denise Bates' Health Class,, 2/21/2005 )

I liked everything. It was fun and exciting every minute. It really made me realize how important it is to find my StrengthBank® and that only I can make myself feel happy or sad.

- April (Denise Bates' Health Class,, 2/21/2005 )

The feelings and you are the only one who can control them.

- Elizabeth (Denise Bates' Health Class,, 2/21/2005 )

Showing me that I decide how I feel (no one else does.)

- Pamela (Denise Bates' Health Class,, 2/21/2005 )

Exceeded my expectations.

- Shay (Denise Bates' Health Class,, 2/21/2005 )

## EVERYTHING

- Student (2003-4)

Our conversations, they were real helpful.

- Student (2003-4)

Talking to others.

- Student (2003-4)

It is very creative and I think that it will teach all ages how to communicate and make friends not even trying to.

- Student (2003-4)

The different partners and making us interact with one another!

- Student (2003-4)

Getting to know others in depth.

- Student (2003-4)

I got to find out what other people were like and got to know them better.

- Student (2003-4)

Communicating with other people.

- Student (2003-4)

I learned how to communicate better and form stronger relationships with people.

- Student (2003-4)

Food and then how we improved our network skills.

- Student (2003-4)

It helped us get to know each other better and learn more about ourselves.

- Student (2003-4)

Getting to know myself and others.

- Student (2003-4)

I like the fact that we came to know a lot about other people and, more important than that, we came to know about ourselves.

- Student (2003-4)

It helps to learn more about yourself.

- Student (2003-4)

It was fun to learn your strength and your strong points of yourself as well as learning about the people around you.

- Student (2003-4)

Identify my strengths.

- Student (2003-4)

It helped me realize what my strengths are!

- Student (2003-4)

Help me realize what kinds of strengths I have.

- Student (2003-4)

It helped me find strengths in me I didn't know I had.

- Student (2003-4)

I identified my strengths and weaknesses and how I can use that to network with people.

- Student (2003-4)

I had the chance to figure out what my strengths and weaknesses are. This will help me for future jobs.

- Student (2003-4)

It helps you find out how you really are and understand more about it.

- Student (2003-4)

It helped me to recognize the situation in which my strengths were being used. Also, I was actually able to learn everyone's name this year.

- Student (2003-4) I got to analyze myself, see what my personality was like. I also thought through my

strengths and found some ways I could interact with other people.

- Student (2003-4)

Made me think about the future. Helped me learn to develop relationships and understand people better.

- Student (2003-4)

Our involvement with each other and setting goals for ourselves.

- Student (2003-4)

Learning how the various directions or decisions you make can lead to what you want to do in life.

- Student (2003-4)

It was fun with the animals and stuff.

- Student (2003-4)

I liked how they had animals that characterized us.

- Student (2003-4)

It pointed out both the good and the bad things about the different personality types.

- Student (2003-4)

It's easy to see in everyday life, and use it. You can recognize people's fruits easier.

- Student (2003-4)

AND, ONE MORE THING I WOULD JUST LIKE TO SAY . . .

You were great!

- April (Denise Bates' Health Class,, 2/21/2005 )

The presentation was great and it surprised me. Normally, I do not enjoy speakers. Thank you for not being one of the "regulars."

- Shorr (Denise Bates' Health Class,, 2/21/2005 )

That your presentation was great!

- Brittany (Denise Bates' Health Class,, 2/21/2005 )

Thank you for not being boring. You were great; I learned something too!

- Mari (Denise Bates' Health Class,, 2/21/2005 )

That you are a wonderful speaker.

- Pilar (Denise Bates' Health Class,, 2/21/2005 )

Thank you. You are great motivation; more people should be like you. Life is not so complicated.

- Carmen (Denise Bates' Health Class,, 2/21/2005 )

There should be more people in the world this passionate.

- Courtney (Denise Bates' Health Class,, 2/21/2005 )

Thank you! This has been a great presentation at just the right time. I needed this!

- Theresa (Denise Bates' Health Class,, 2/21/2005 )

Because I have had a hard time the past few months, this presentation really went a long way with me.

- TDub (Denise Bates' Health Class,, 2/21/2005 )

Thank you for your motivation to be who I want to be. You put it in a way that was easy to follow and understand.

- Ashley (Denise Bates' Health Class,, 2/21/2005 )

Thank you. I've been wondering if I'm on the right path for my life, getting the education so I can do what I love. There have been so many roadblocks in my way, but you inspired me to keep going. I needed this.

Now.

- Beth (Denise Bates' Health Class,, 2/21/2005 )

That this speech is something that I really needed to hear and it's going to help me, I believe, to find who I am.

Charla (Denise Bates' Health Class,, 2/21/2005 )

You are extremely motivational; you made me rethink if I had chosen the right social print for my life.

- Sarah (Denise Bates' Health Class,, 2/21/2005 )

I hope you stay as young as you feel! You helped me make my long term career goal with my StrengthBank®.

- Gina (Denise Bates' Health Class,, 2/21/2005 )



You look so young. This thing must keep the stress away.

- Stephanie (Denise Bates' Health Class,, 2/21/2005 )

You did a really great job and you don't look [old]!

- Katie (Denise Bates' Health Class,, 2/21/2005 )

I really enjoyed listening to you speak, and you look awesome for your age!!!

- Lorenda (Denise Bates' Health Class,, 2/21/2005 )

I thought you were inspiring. Many things you said were powerful and right on with how I feel inside. You taught me to work on things that sometimes I don't want to deal with.

- Shoba (Denise Bates' Health Class,, 2/21/2005 )

I thought it was very real.

- Nicole (Denise Bates' Health Class,, 2/21/2005 )

It was nice having you here. I learned a lot about my strengths and how thinking leads to feelings.

- Reyna (Denise Bates' Health Class,, 2/21/2005 )

At first I was lost or not very interested until I gave you the chance you deserved. Good job!

- Elizabeth (Denise Bates' Health Class,, 2/21/2005 )

The presentation wasn't what I expected but it was very good.

- Pamela (Denise Bates' Health Class,, 2/21/2005 )

[I liked the] brainstorming time.

- Shay (Denise Bates' Health Class,, 2/21/2005 )

I thought you had very good energy.

- Effy (Denise Bates' Health Class,, 2/21/2005 )

I really enjoyed the presentation. Your voice and speaking keeps me very entertained.

- Kim (Denise Bates' Health Class,, 2/21/2005 )

You are a good speaker.

- Bess (Denise Bates' Health Class,, 2/21/2005 )

That you did a great job, and I love the way you do your presentations.

- Juana (Denise Bates' Health Class,, 2/21/2005 )

Very interesting!

- April S. (Denise Bates' Health Class,, 2/21/2005 )

The speakers are very nice and easy to get along with!

- Student (Class 2007, Fall 2005 Talk Groups)

I love Mrs. Rector, Mrs. Payne, and Mrs. Shelton.

- Darian (Class 2006, Fall 2005 Talk Groups)

StrengthBank® Talk Group was da bomb!

- Student (2003-4)

Teen Leadership rocks.

- Amanda (Class 2009, Fall 2005 Talk Groups)

It was good.

- Student (2003-4)

It was fun.

- Student (2003-4)

I liked StrengthBank® Talk and enjoyed it.

- Student (2003-4)

I loved this thing we did. I had a lot of fun.

- Student (Class 2006, Fall 2005 Talk Groups)

This was fun.

- Student (2003-4)

This was a very awesome experience!!

- Student (Class 2009, Fall 2005 Talk Groups)

I really enjoyed this class.

- Marcella (Class 2009, Fall 2005 Talk Groups)

This class rocks.

- Kristyn (Class 2009, Fall 2005 Talk Groups)

This was a fun program.

- Student (2003-4)

This is a great program. I would recommend to anyone and everyone.

- Student (2003-4)

I liked having ya'll here.

- Hannah (Class 2009, Fall 2005 Talk Groups)

This is fun.

- Student (Class 2009, Fall 2005 Talk Groups)

I had fun.

- Student (Class 2006, Fall 2005 Talk Groups)

Yay.

- Student (2003-4)

This makes people know more about [themselves].

- Student (2003-4)

I really enjoyed knowing what my #'s are and how I personally am.

- Student ( Fall 2005 Talk Groups)

I learned a lot about myself and who I am.

- Student (Class 2006, Fall 2005 Talk Groups)

. . . that ya'll have taught me to realize to have a little of all the strengths is a very good thing.

- Student (Class 2006, Fall 2005 Talk Groups)

No matter what you are, all the animals get along at one point.

- Student (Class 2009, Fall 2005 Talk Groups)

Say hello to your partner in partner pick big surprises may come!

- Student (Class 2009, Fall 2005 Talk Groups)

Have fun learning what groups ya'll are going to be in and find maybe what your future dream is . . .

- Jennifer (Class 2008, Fall 2005 Talk Groups)

Thanks for making it such a great year.

- Student (2003-4)

That it was a great year and StrengthBank® Talk Group was the BEST!

- Student (2003-4)

It's been a great year. Thanks you guys!

- Student (2003-4)

Everything we did this year.

- Student (2003-4)

This has been a great year.

- Student (2003-4)

The food was good!

- Student (Class 2006, Fall 2005 Talk Groups)

. . . that the food was good.

- Student (Class 2008, Fall 2005 Talk Groups)

Have fun and respect is key.

- Jamera (Class 2007, Fall 2005 Talk Groups)

Be nice to others.

- Student (Class 2008, Fall 2005 Talk Groups)

That I am very grateful for everything that I learned, and I'm also thankful for the teachers taking time to teach us every day to day.

- Student (2003-2004)

Thank you!

- Student (2003-4)

Thank you for all of the hard work and food.

- Student (2003-4)

Thank you. I enjoyed this a lot.

- Student (2003-4)

Thank you so much for everything! I've learned so much from you. Thanks again!

- Student (2003-4)

Thank you for helping us and for being a great StrengthBank® Talk Group mentor.

- Student (2003-4)

Thank you so much!

- Student (2003-4)

I really appreciate you being here and teaching us so much.

- Student (2003-4)

Thank you so much for everything. It was worth not having a mentor my sophomore or junior year to have you now. I will never forget you or what I've learned.

- Student (2003-4)

Thank you.

- Student (2003-4)

Thank you for your time!

- Student (Class 2008, Fall 2005 Talk Groups)

Thanks for all the help, and I really appreciate it all!

- Chelcie (Class 2009, Fall 2005 Talk Groups)

Thank you so much for everything.

- Student (Class 2009, Fall 2005 Talk Groups)

Hope floats!

- Student (Class 2006, Fall 2005 Talk Groups)

**HOME**

Anecdotal Results from StrengthBank® Talk Groups  
Bridgeport High School Last Talk Group Day, April 19, 2011

**StrengthBank® Talk Groups**  
**BHS Student Comments April 19, 2011**

Responses below represent specific comments whose content ideas was repeated on multiple feedback forms.

All responses below are direct quotes with a bit of spell check thrown in and were in answer to Question #1: What did you like best about StrengthBank® Talk Groups:

“getting to know people that are in my grade and improve social skills”

“liked learning about different people in our group”

“realized things I’d never noticed”

“want more of animal chart”

“it brings us together”

“helps me get through the day”

“liked learning about different people in our group”

“actually got to know each other”

“every 2 weeks rather than every 2 months”

“learned alot about how to communicate with each other”

“to share my deepest thoughts”

“meet more people”

“like talk about future”

“know things about myself I did not know”

“nice to know there is an adult who really cares about you”

“we all have a good time and get along great even though we’re all very different people”

“well, I kind of got to meet more peple that I’ll never got to know before”

“It was fun leaning games we played.”

“It helps me learn”

“Everyone got along the period is always fun and we all interacted.”

Anecdotal Results from StrengthBank® Talk Groups  
Bridgeport High School Last Talk Group Day, April 19, 2011

<b>StrengthBank® Talk Groups BHS Student Comments April 19, 2011</b>
“that we talk about things that help you in life and all the talking we do is something productive.”
“that it makes us think about our life and how we are going to do in our future”
“liked to have someone that comes in here not the teacher only”
“it helped me develop the ideas I already knew and expanded on those”
“we talked about important stuff and things we need to know”
“meet new people and talked about useful strategies”
“I get to think about my future.”
“It helped me understand the type of personality I have”
“got to learn about everyday things and about other people”
“that we meet new people that we have never seen or talked to”
“It’s nice to talk to an adult that’s not a teacher”
“we get to talk”
“getting to write things down about ourselves”
“we got one period to get out of class and go learn valuable skills for life and to talk and catch up with our friends”
“that I could say what I felt and no one could put me down about it. Also I learned more about myself”
“liked the activities we got to do in class”
“we get to be honest”
“I thought this class was really fun”
“this class is relaxing”
“It made me think about things I wouldn’t normally....”
“It was fun and I loved my mentor”
“have more mentor weeks”

Anecdotal Results from StrengthBank® Talk Groups  
Bridgeport High School Last Talk Group Day, April 19, 2011

<b>StrengthBank® Talk Groups BHS Student Comments April 19, 2011</b>
“great and educational”
“talking to my friends and getting advice”
“it helped me to understand where other people come from - the way to look at life”
“How our mentor is really understanding and fun”
“get to give your opinion”
“I sort of got to express myself in the talk group and [liked] how we had different ages in the classroom”
“I talked to someone I barely talked to”
“talking about my feelings”
“being able to talk more about my problems with kids just like me”
“ability to talk in a mature way”
“I liked the group activities”
“I really liked all the fun little chats we had and from that I learned to be a better person”
“It motivated me to keep trying in school”
“we learned about respect, our strengths and weaknesses, and thought processes”
“it helps us get better talking to new people”
“I liked that they showed us stuff we didn’t know or didn’t understand”
“I liked the encouragement we got and to be better people in the world and to see our big time vision in the world”
“It is fun”
“the mentor, the fun atmosphere, the relaxed environment, missing class”
“everything”
“we shared ideas and feelings”
“your personality”

Anecdotal Results from StrengthBank® Talk Groups  
Bridgeport High School Last Talk Group Day, April 19, 2011

<b>StrengthBank® Talk Groups BHS Student Comments April 19, 2011</b>
"that we learned how to make good choices in life"
"what I really liked about the mentor group is that in some way we all know something from each other, that we hare our dreams"
"finding my strength"
"free food and the knowledge that maybe someone cares"
"we talk about important things"
"we got to learn friendship skills"
"the food the mentor and the subject"
"I liked that I am able to hear about the experiences that an adult I don't really know has had and what I can learn about it"
"they encourage us to be someone in the future"
"It has helped me think bout myself and what I'd like to do in the future"
"I now have a total of 3 friends"
"It really helped me meet and interact with a broader spectrum of students"
"the question and check paper you get to see how much we've changed over the school year"
"getting to know people that are in my grade and improve social skills"
"getting to know and do new things about life"
"I got to really find out what I want to do in my future."
"It tells me a little more about myself"
"...learning about what I have in store for my future and what I have to look forward to"
"I gained friends"
"Getting to see others values and priorities"
"they [mentors] really care about us and they enjoy talking to us. They are a great influence in my life and they have helped out alot."
Top 5 (repeated in some way about every other student response).

Anecdotal Results from StrengthBank® Talk Groups  
Bridgeport High School Last Talk Group Day, April 19, 2011

<b>StrengthBank® Talk Groups BHS Student Comments April 19, 2011</b>				
Appreciated the snacks	Loved having a Talk Group.	Loved having a mentor come in.	Enjoyed a break in the school day.	Liked meeting new students from other grades.